

Up & Coming Events Term 3

Week 5

Education Week & Book Week

- **Tuesday 20 Aug**
Small School Choir
Rehearsal - LPS 1pm
- **Wednesday 21 Aug**
STEM Enrichment
Day/Open Day - All
welcome
- **Thursday 22 Aug**
NRPSSA Zone Athletics
- Riverview Park
- **Tuesday 27 Aug**
Threatened Species
Incursion
- **Thursday 29 Aug**
District Public
Speaking

P & C News

Week 7

Thurs 5 September

General meeting-
5.30pm in the School
Library.
Please join us!



Taking enrolments now for 2020



Term 3 Week 5

Monday, 19 August 2019

Open Day

This Wednesday we will be holding an Open Day which will coincide with Education Week and Book Week. We would like to invite all of our families and any families considering enrolling at Wyrallah Public School to come along and join in with our activities. These activities will include a Virtual Reality Session, Book Week Parade, and tours of the grounds, classrooms and learning spaces and a special guest speaker.

Here on the day will be -

Kath Lollback, STEM Community Leader with the Department of Education
Elsa Mangan - NSW Health Healthy Living Active Living Team
Nathan Parker - Pilot, Athlete, Motivational Speaker

The Book Week theme this year is 'Reading is my Secret Power'. All students can come dressed as their favourite Super Hero or create their own Super Hero. We will have books on sale in our Book Fair, with a wide range of brand new books, kindly lent to us by the Lismore Book Warehouse. Students will bring home a wish list for the Book Fair - hoping they might be able to do a few extra jobs around the house to earn a new book. We will also have a cost and environmentally-friendly *Book Swap*. Kids are encouraged to bring along books their preloved books to swap them for new-to-them books which other students have brought in to swap.

There will be a yummy healthy and free BBQ lunch for everyone. We hope that you can join us!

Please spread the word!



Kids in the Kitchen

Our students had a delightful time last Tuesday making Spinach & Filo Pies, Zucchini Fritters and a tossed salad using fresh ingredients straight out of our garden. How yummy does it all look? A huge thank you to Angela for all of her hard work and help. This is such a beneficial program for our students.

Jamie Oliver Spinach & feta filo pie

Ingredients

- 100 g pine nuts
- 5 large free-range eggs
- 300 g feta cheese
- 50 g Cheddar cheese
- dried oregano
- 1 lemon
- olive oil
- 1 knob of unsalted butter
- 400 g baby spinach (we used silver beet from the garden)
- 1 x 270 g pack of filo pastry
- cayenne pepper
- 1 whole nutmeg , for grating

Method

- Preheat the oven to 200°C/400°F/gas 6.
- Toast the pine nuts in a large ovenproof frying pan over a medium heat for 1 to 2 minutes, or until golden and smelling fantastic, tossing occasionally.
- Crack the eggs into a large mixing bowl, crumble in the feta, then grate in the Cheddar. Season with a pinch of black pepper and a couple of pinches of dried oregano.
- Finely grate in the lemon zest, drizzle in a little oil, then toss in the toasted pine nuts. Mix well.
- Melt the butter in the frying pan over a medium heat with a drizzle of oil, add half the spinach, stirring until wilted, then when there's space, add the remaining spinach, stirring regularly until wilted.
- Lay a 50cm strip of greaseproof paper out on a clean work surface, rub lightly with oil and scrunch up, then flatten out again.
- Arrange 4 sheets of filo in a large rectangle on the greaseproof paper, overlapping at the edges, so that it's almost covering the greaseproof.
- Rub the filo with a little oil, sprinkle with sea salt, pepper and a pinch of cayenne pepper. Repeat until you have 3 layers.
- Stir the wilted spinach into the egg mixture, then grate in half the nutmeg and mix well.
- Slide the greaseproof and filo into the empty frying pan, so that the edges spill over, then push down into the sides of the pan. (we used a baking pan)
- Pour in the spinach mixture and spread out evenly, then fold the filo up over the filling to cover.
- Place the pan over a medium heat for 2 minutes, just to get the bottom cooking, then transfer to the top shelf of the oven for 18 to 20 minutes, or until golden and crisp. Delicious served with a fresh seasonal salad.



There really is nothing like fresh produce straight from your own garden



NRPSSA Athletics Championships

This Thursday a group of our students will be participating in the next level of our District Athletics Championships. Our P6 Relay - (Jack,Ryan, Joey & Luke), Jack for 100m and Joey for 800m. Good luck to you all!

Canberra Excursion

Just a reminder to please keep making payments to this excursion. It is only 3 weeks away!

Threatened Species Day

On Tuesday 27 August we will have staff from Macadamia Castle and Dorrroughby Environmental Education Centre come to our school to talk to our students, as well as students from Tregagle Public School, about threatened species of plants and animals. We will get to see some of the animals from Macadamia Castle and join in discussions about brainstorming ideas for increasing threatened species awareness and habitat protection.

Lismore Performing Arts Festival Reminder

Tickets for the Festival went on sale last week, and are available from the Lismore Workers Club. Each year tickets sell out very quickly so please purchase promptly to avoid disappointment. All of the students from Wyrallah Public School will perform in the evening program on **Wednesday 4 September**.

Important dates -

Monday 12 August - Tickets go on sale from Lismore Workers Club

Tuesday 20 August - Small Schools Choir rehearsal - 1pm Lismore Public School

Monday 2 September - Rehearsal at Lismore Workers Club

Wednesday 4 September - **Evening performance**

Thursday 5 September - WPS students go to watch the other schools during the matinee

What you need to know from Mr Nolan

- ♦ The song will be - Tom Petty's "Running Down A Dream"
- ♦ What they need - We hope to look like a 70's rock band. Each child will need to be dressed hopefully in denim jeans/jacket with t-shirt and covered shoes. To give it the "Status Quo" look we are hoping to put long wigs on children who have short hair. Op shops could be a good option and as time is running out it would be good if each child could have a costume bag with their NAME on it (shopping bag) they leave at school. This helps with the dress rehearsals. We don't want anyone to spend a lot of money. So we're hoping some families may already have wigs or we can purchase them from cheap shops (\$2 shops) etc.
- ♦ Can you help with- **70's make-up artists** would also be welcome or **making props**, which include fake guitars and big "Marshall" amplifiers which will require a few big cardboard boxes.



Thank you for your help and support

WYRALLAH PUBLIC SCHOOL 2019

Open Day!



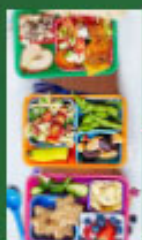
9:00 am - 11:00 am

Virtual Reality Session



11:30 am - 12:00 pm

Book Week Parade
of Super Heroes



12:30 pm - 1:00 pm

Health Dept ~ healthy
lunchboxes workshop



1:00 pm - 1:45 pm

Free healthy bbq lunch



1:50 pm - 2:30 pm: **Students & Visitors**

2:30 pm - 3:00 pm: **Year 5/6 Students**

Guest Speaker:

Nathan Parker

✧ Tours by students ✧
of school grounds, classrooms
and learning spaces

✧ Wednesday, 21st August ✧ 2019



JUNIOR BOOKCLUB

Ages 8-13

Lismore Library

Last Thursday of the Month
4-5pm

Phone Lismore Library on 02 6621 2464
for more information.

Richmond Tweed Regional Library
Connect. Discover. Escape.





Department of
Primary Industries

Wollongbar DPI

Open Day

Saturday, 24th August 2019, 10am - 3pm

- * Guided tours
- * Kids activities
- * Historical displays
- * Food
- * Latest research
- * Fun

*all
Welcome*



Shark trailer ★ Animal nursery ★ Cubbie House ★ Timber toys ★ Creepy crawly insects ★ Drones ★ Fishing Clinics – Mel Buhler 0458 274 876

We are now taking Enrolments for 2020

If you would like to enquire about enrolling at lovely Wyrallah Public School please do not hesitate to give us a call





Parent and Community Engagement for Student Learning

Parents, carers and other family members have a significant influence on a student's success at school. The more parents and carers engage in learning, the greater the chance that their children are engaged, motivated and confident learners.

This late-afternoon session is designed to be attended by parents/carers and community members. Professor Adrian Piccoli, the Director of the Gonski Institute for Education will be leading this session and will talk on the topic:

Too much parental involvement with schools or not enough? How the pressures of the 21st century are changing the roles of parents.

This session will be followed by a Q & A with Professor Piccoli.

When: Wednesday 18 September 2019
5:30pm - 7:00pm

Where: Richmond River High Campus
Lake Street North Lismore 2480

Cost: Free.
Refreshments provided



UNSW
SYDNEY



Gonski Institute
for Education

The Rivers Secondary College
Presents
CAPA HSC 2019 -
Music-Art-Drama-Dance

Rivers MADDness

WEDNESDAY 28TH AUGUST 2019

Lismore City Hall
Art exhibition:
5:30pm - 6:30pm
Performances:
6:30pm - 8:00pm



THE RIVERS
SECONDARY COLLEGE

The heart of secondary education for Lismore