



Term 4 Week 5

Monday, 12th November 2018

## Up & Coming Events Term 4

### Week 5

**Mon 12** - Kindy Orientation #3 at 9am - 3:00pm

**Tue 13** - M.A.D.D. Matinee performance @ Lismore High

**Fri 16** - **Public Speaking Final**  
- Good luck, Ruby!  
- Tennis coaching

### Week 6

**Tue 20** - Year 7 2019 Lismore High Transition Day - Extra

**Thur 22** - Chess & Draughts Day @ Rous PS

**Fri 23** - Tennis coaching

### Week 7

**Tue 27** - Year 7 2019 Lismore High Transition Day

**Wed 28** - Kids in the Kitchen

**Thur 29** - Whole school excursion

**Fri 30** - Tennis coaching

### Week 8

**Tue 4 Dec** - Year 7 2019 Evans River & Lismore High Transition Day

**Fri 7** - Tennis coaching

## M.A.D.D. Performance

Tomorrow all of our students will be lucky enough to be attending the M.A.D.D. performance at Lismore High School (Music.Art.Dance.Drama.). We will leave our school at 10:30 am and return by 1:30pm.

## 2019 Enhanced Transition Program - Lismore High School

Year 6 students attending Lismore High in 2019 have already received a note regarding an *Enhanced Transition Program*. This program is a great opportunity for all students to attend, on the mornings of Tuesday, 20th November and Tuesday, 11th December - in addition to the scheduled transition days. *Own travel arrangements* are to be made for all transition days. *Permission notes* are to be handed to the front office at Lismore High on the morning of Tuesday, 20th November. If you have any questions please contact the office.

## Public Speaking Competition

Good luck, Ruby! This Friday Year 6 student, and winner of the Southern Cross Community of Small Schools Public Speaking Competition, Ruby Quinn, will be once more wowing the audience with her dynamic presentation, at the Regional Finals of the combined schools of The Rivers public schools public speaking competition, at Lismore City Hall. Her topic is about her 5 favourite words. Hmmm, do you know what your favourite words are, and why?

## Chess & Draughts

On Thursday, 22nd November Wyrallah PS Stage 2 & 3 students will compete in the 'Southern Cross Community of Small Schools' Chess & Draughts Competition (SCCoSS) at Rous P.S. The children have been practising in preparation and are ready to compete! We will be fielding a 4 person chess team and a 4 person draughts team made up of 2 x Stage 2 students and 2 x Stage 3 students. Permission notes will be sent home once teams have been finalised.

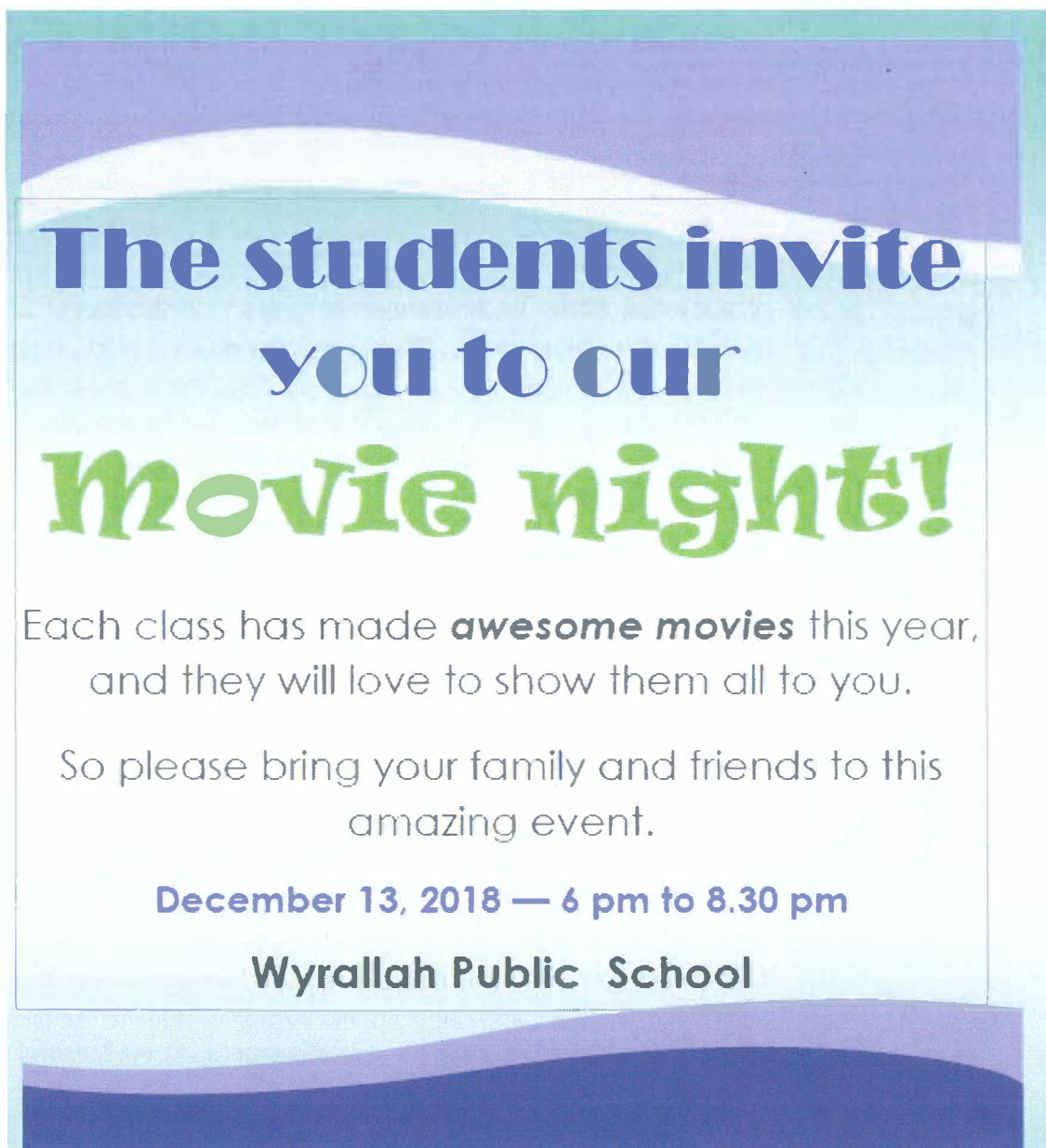
**AWARDS - WEEK 4 TERM 4****S** *Student of the week: Zane***M** *erit awards: Tenaya & Charles-Rose***End of Year Concert**

This year the End of Year Concert will be held on Thursday, 13th December.

What?? Already?! My how quickly time races by!

The P&C are requesting donations of items for the Christmas Hamper.

These items can be left in the office. Please remember for any food items to check the 'use by date'.

A poster for a movie night event. The background is light blue with a white wavy shape at the top and bottom. The text is centered and reads: 'The students invite you to our movie night!' in blue and green. Below this, it says 'Each class has made awesome movies this year, and they will love to show them all to you. So please bring your family and friends to this amazing event.' At the bottom, it gives the date and time: 'December 13, 2018 — 6 pm to 8.30 pm' and the location: 'Wyrallah Public School'.

**The students invite  
you to our  
movie night!**

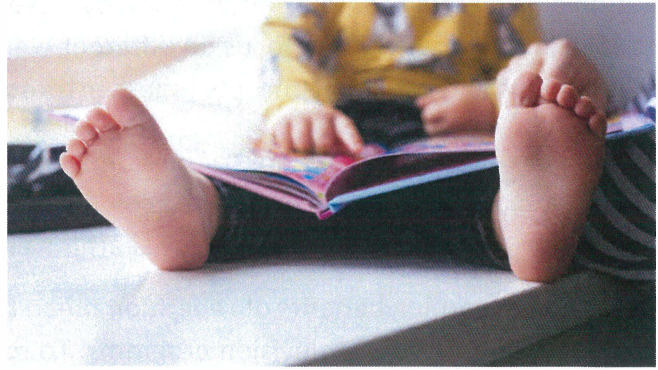
Each class has made **awesome movies** this year,  
and they will love to show them all to you.

So please bring your family and friends to this  
amazing event.

**December 13, 2018 — 6 pm to 8.30 pm**

**Wyrallah Public School**

# There's a reason your child wants to read the same book over and over again



## Storybooks contain 50 per cent more rare words than prime time TV.

By Jane Herbert, Elisabeth Duursma

We often hear about the benefits of reading storybooks at bedtime for promoting vocabulary, early literacy skills, and a good relationship with your child. But the experts haven't been in your home, and your child requests the same book every single night, sometimes multiple times a night. You both know all the words off by heart.

Given activities occurring just before sleep are particularly well-remembered by young children, you might wonder if all this repetition is beneficial. The answer is yes. Your child is showing they enjoy this story, but also that they are still learning from the pictures, words, and the interactions you have as you read this book together.

### Kids want repetition

A preference for familiarity, rather than novelty, is commonly reported at young ages, and reflects an early stage in the learning process. For example, young infants prefer faces that are the same gender and ethnicity as their caregiver.

With age and experience, the child's interests shift to novelty seeking. By four to five months, novel faces are more interesting than the now highly familiar caregiver face.

But even three-day olds prefer looking at a novel face if they're repeatedly shown a picture of their mother's face. So once infants have encoded enough information about an image, they're ready to move on to new experiences.

Your child's age affects the rate at which they will learn and remember information from your shared book-reading. Two key principles of memory development are that younger children require longer to encode information than older children, and they forget faster.

For example, one-year-olds learn a sequence of new actions twice as fast as six-month-olds. And while a 1.5-year-old typically remembers a sequence of new actions for two weeks, two-year-olds remember for three months.

Two dimensional information sources, like books and videos, are however harder to learn from than direct experiences. Repeated exposure helps children encode and remember from these sources.

### How do kids learn from repetition?

Being read the same story four times rather than two times improved 1.5- and two-year olds' accuracy in reproducing the actions needed to make a toy rattle. Similarly, doubling exposure to a video demonstration for 12- to 21-month-olds improved their memory of the target actions.

Repeated readings of the same storybook also help children learn novel words, particularly for children aged three to five years.

Repetition aids learning complex information by increasing opportunities for the information to be encoded, allowing your child to focus on different elements of the experience, and providing opportunities to ask questions and connect concepts together through discussion.

You might not think storybooks are complicated, but they contain 50 per cent more rare words than prime-time television and even college students' conversations. When was the last time you used the word giraffe in a conversation with a colleague? Learning all this information takes time.

The established learning benefits of repetition mean this technique has become an integral feature in the design of some educational television programs. To reinforce its curriculum, the same episode of Blue's Clues is repeated every day for a week, and a consistent structure is provided across episodes.

Five consecutive days of viewing the same Blue's Clues episode increased three to five year olds' comprehension of the content and increased interaction with the program, compared to viewing the program only once. Across repetitions, children were learning how to view television programs and to transfer knowledge to new episodes and series. The same process will likely occur with storybook repetition.

## How parents can support repetitive learning

The next time that familiar book is requested again, remember this is an important step in your child's learning journey. You can support further learning opportunities within this familiar context by focusing on something new with each retelling.

One day look more closely at the pictures, the next day focus on the text or have your child fill in words. Relate the story to real events in your child's world. This type of broader context talk is more challenging and further promotes children's cognitive skills.

You can also build on their interests by offering books from the same author or around a similar topic. If your child currently loves *Where is the Green Sheep?* look at other books by Mem Fox, maybe *Bonnie and Ben rhyme again* (there are sheep in there too). Offer a wide variety of books, including information books which give more insight into a particular topic but use quite different story structures and more complex words.

Remember, this phase will pass. One day there will be a new favourite and the current one, love it or loathe it, will be back on the bookshelf.

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United Nations Convention on

# a child's right to be healthy

## Article 24 You have the Right to be Healthy.

I like to be active, it's good for my body,  
to run, to jump, to climb, to explore.

Creating is healthy for my mind,  
discovering and playing all day.

I choose to eat a rainbow of foods to  
grow me up strong, to give me energy,  
to keep me healthy.

Crunchy green, raw orange, juicy red,  
ripe yellow, sweet purple.

I choose water from the tap,  
for sparkling eyes, clear skin and clean hands.

I am learning that I am what I eat,  
I choose to be full of natural goodness.

Nurtured in the warmth of the Great Outdoors.  
Healthy choices are good choices.  
The choices I make today will shape

*the person I will  
become tomorrow.*



lotterywest

Meerilinga™  
Learning together. Growing stronger.



Artwork by Kerry Jordinson 2014. Written by Fairy Queen Caroline.